

Bike Helmets

What do you think when you see a kid riding a bike without a helmet? Well, I think riding without a helmet is dangerous and people should wear a helmet every time they ride a bike.

First of all, it is the law. In most towns and cities, kids and teens have to wear a bike helmet every time they ride a bike. If they do not, they will be stopped by the police and their parents will be called. So if you don't want to be stopped by the police, wear your helmet.

When you are riding your bike on the street, you could get hit by a car. Cars go very fast, and when drivers pull out of parking spots and driveways, they might not see you riding your bike. If a car hits you, your head could hit the ground. If you are wearing a helmet, your head will be protected and the helmet will save your life.

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Because bike helmets can prevent serious head injuries, parents and older kids should set a good example by wearing bicycle helmets when they ride. I know teens might not like the idea, but if everyone or almost everyone wears a helmet, kids won't think it is strange.

A bicycle helmet protects your head and could save your life if you fall off your bike. Also, it's the law for kids to wear helmets, and you don't want to break the law! So please wear your helmet every time you ride.